

# Schedule of Courses & Dates for 2022-2023

## SFBTC Certificate Program

- **Welcome to the SFBTC Certificate Program!** We are delighted that you are joining this unique, flexible, experiential, and interactive program. We invite you to discover and enjoy the many opportunities that this program offers for learning, practice, skill development, peer collaboration and support. Please use the schedule below combined with the Checklist for Course & Certificate Completion to plan your pathway through the program and track your progress in completing your certificate.

- The SFBTC Certificate requires successful completion of 3 Mandatory Courses + 3 Elective Courses.

Dates	Courses *Mandatory Courses are marked in bold & with asterisks below *** Practicum & CCP Courses have pre-requisites.
<b>Spring 2022</b>	
March 2022 - Fri. March 25 & Sat. March 26	Child, Adolescent, & Family (COMM-CAF) – Elective
April 2022 – Fri. April 8 & Sat. April 9	<b>*Foundations Course – SF Foundations Course (COMM-FATS)</b> <b>* Spring 2022 Foundations Course*</b>
April 2022 - Fri. April 22 & Sat. April 23	Mindfulness in SFBT (COMM-IAC) – Elective
May 2022 - Fri. May 6 & Sat. May 7	<b>***Practicum - Solution-Focused Single Session Practicum (COMM-PTM)</b> <b>*Spring 2022 Practicum Course*</b>
May 2022 - Fri. May 13 & Sat. May 14	Group Applications of SF (COMM-GRA) – Elective
May 2022 - Fri. May 27 & Sat. May 28 <small>*This section opens only after May 6-7 section fills.</small>	<b>***Practicum - Solution-Focused Single Session Practicum (COMM-PTM)</b> <b>* Spring 2022 Practicum Course*</b>
June 2022 - Fri. June 3 & Sat. June 4	<b>***Case Presentation Course - SF Clinical Case Presentation (COMM-CCP)</b> Final Course in Program <b>*Spring 2022 Case Presentation Course*</b>
June 2022 - Fri. June 17 & Sat. June 18 <small>This section opens only after June 3-4 section fills.</small>	<b>***Case Presentation Course - SF Clinical Case Presentation (COMM-CCP)</b> Final Course in Program <b>*Spring 2022 Case Presentation Course*</b>
<b>Summer 2022</b>	
July 2022 – Fri. July 8 & Sat. July 9 9am – 4pm	<b>*Foundations Course – SF Foundations, Assumptions, Theory, &amp; Skills (COMM-FATS)</b> <b>* Summer 2022 Foundations Course*</b>
July 2022 – Fri. July 22 & Sat. July 23 9am – 4pm	Promoting Post-Traumatic Growth (COMM-PTG) – Elective Course
August 2022 – Fri. Aug. 12 & Sat. Aug. 13 9am – 4pm	Solution-Focused Single Session Therapy & Counselling (COMM-SST) - Elective Course
August 2022 – Fri. Aug. 19 & Sat. Aug. 20 9am – 4pm	Overcoming Anxiety & Depression: Solution-Focused Approaches (COMM-OAD) – Elective Course
<b>Fall 2022</b>	
September 2022 - Fri. Sep.23 & Sat. Sep. 24 9am – 4pm	<b>*FOUNDATIONS COURSE – SF Foundations, Assumptions, Theory, &amp; Skills (COMM-FATS)</b> <b>* Fall 2022 Foundations Course*</b>
October 2022 - Fri. Sep. 30 & Sat. Oct. 1 9am – 4pm	<b>***PRACTICUM - Solution-Focused Single Session Practicum (COMM-PTM)</b> <b>* Fall 2022 Practicum Course*</b>
October 2022 - Fri. Oct. 28 & Sat. Oct. 29 9am – 4pm	Crisis Intervention: Solution-Focused Approaches (COMM-CSI) – Elective
November 2022-Fri. Nov.18 & Sat. Nov.19 9am – 4pm	<b>***Case Presentation Course - SF Clinical Case Presentation (COMM-CCP)</b> Final Course in Program <b>* Fall 2022 Case Presentation Course*</b>
December 2022 - Fri. Dec. 2 & Sat. Dec. 3 9am – 4pm	Couple & Family (COMM-CNF) – Elective

<b>Winter / Spring 2023</b>	
January 2023 - Fri. Jan. 20 & Sat. Jan. 21 * This section opens only if/after Fall section fills	<b>*** PRACTICUM - Solution-Focused Single Session Practicum (COMM-PTM)*</b> <b>* Winter 2023 Practicum Course*</b>
January 2023 - Fri. Jan. 27 & Sat. Jan. 28	<b>* FOUNDATIONS COURSE – SF Foundations, Assumptions, Theory, &amp; Skills (COMM-FATS)</b> <b>* Winter 2023 Foundations Course*</b>
February 2023 - Fri. Feb. 24 & Sat. Feb. 25	Promoting Post-Traumatic Growth: SF Approaches (COMM-PTG) - Elective
March 2023 - Fri. Mar. 17 & Sat. Mar. 18 *This section opens only if/after Fall section fills	<b>*** Case Presentation Course - SF Clinical Case Presentation (COMM-CCP)</b> Final Course in Program <b>* Winter 2023 Case Presentation Course*</b>
March 2023 - Fri. Mar. 24 & Sat. Mar. 25	Child, Adolescent, & Family (COMM-CAF) – Elective
April 2023 – Fri. April 14 & Sat. April 15 * This section opens only after Jan. section fills	<b>* FOUNDATIONS COURSE – SF Foundations, Assumptions, Theory, &amp; Skills (COMM-FATS)</b> <b>* Spring 2023 Foundations Course*</b>
April 2023 - Fri. April 28 & Sat. April 29	Mindfulness in SFBT (COMM-IAC) – Elective
May 2023 - Fri. May 5 & Sat. May 6	<b>*** PRACTICUM - Solution-Focused Single Session Practicum (COMM-PTM)</b> <b>*Spring 2023 Practicum Course*</b>
May 2023 - Fri. May 12 & Sat. May 13	Group Applications of SF (COMM-GRA) – Elective
May 2023 - Fri. May 26 & Sat. May 27 *This section opens only after May 5-6 section fills.	<b>*** PRACTICUM - Solution-Focused Single Session Practicum (COMM-PTM)</b> <b>* Spring 2023 Practicum Course*</b>
June 2023 - Fri. June 2 & Sat. June 3	<b>*** Case Presentation Course - SF Clinical Case Presentation (COMM-CCP)</b> Final Course in Program <b>*Spring 2023 Case Presentation Course*</b>
June 2023 - Fri. June 16 & Sat. June 17 *This section opens only after June 2-3 section fills.	<b>*** Case Presentation Course - SF Clinical Case Presentation (COMM-CCP)</b> Final Course in Program <b>* Spring 2023 Case Presentation Course*</b>

### SFBTC Certificate Program Requirements:

- To earn the SFBTC Certificate, participants successfully complete a minimum of 6 courses in total, including 3 mandatory courses + a minimum of 3 elective courses (see chart below).

- For learning & professional development, you are welcome to complete as many elective courses as desired, regardless of intention or timing to complete the certificate.

**Flexible Timelines:** Learners may complete the Program in 6-24 months depending on their schedule, interests, goals, and pace of learning / skill development.

**Flexible Pathways:** Common pathways include:

1. Foundations + 3 Electives + Practicum + Case Presentation Course = 6 courses
2. One Elective + Foundations + 2 Electives + Practicum + Case Presentation Course = 6 courses

<b>3 Mandatory Courses</b> * (*Prerequisites listed below courses)	<b>+ Elective Courses</b> (select a minimum of 3 electives)
<b>1. Foundations Course</b> <b>2. Practicum Course***</b> ***Prerequisite = completed min. of 3 courses including Foundations Course & 2-3 Electives <b>3. Clinical Case Presentation Course ***</b> (final course in Program) ***Prerequisite = completed Foundations Course + min. of 2-3 Electives + Practicum Course	<ol style="list-style-type: none"> <li>1. Promoting Post-Traumatic Growth</li> <li>2. Child, Adolescent, &amp; Family</li> <li>3. Crisis Intervention</li> <li>4. Couple &amp; Family</li> <li>5. Mindful Presence &amp; SFBT</li> <li>6. SF Group Applications</li> <li>7. SF Single-Session Therapy</li> <li>8. SF Approaches to Overcoming Anxiety &amp; Depression</li> </ol>

**\* To Register & For More Information:** Please double-check all dates on OISE CPL website before registering at [https://cpl.oise.utoronto.ca/program\\_certificate/solution-focused-brief-therapy-counselling/](https://cpl.oise.utoronto.ca/program_certificate/solution-focused-brief-therapy-counselling/)